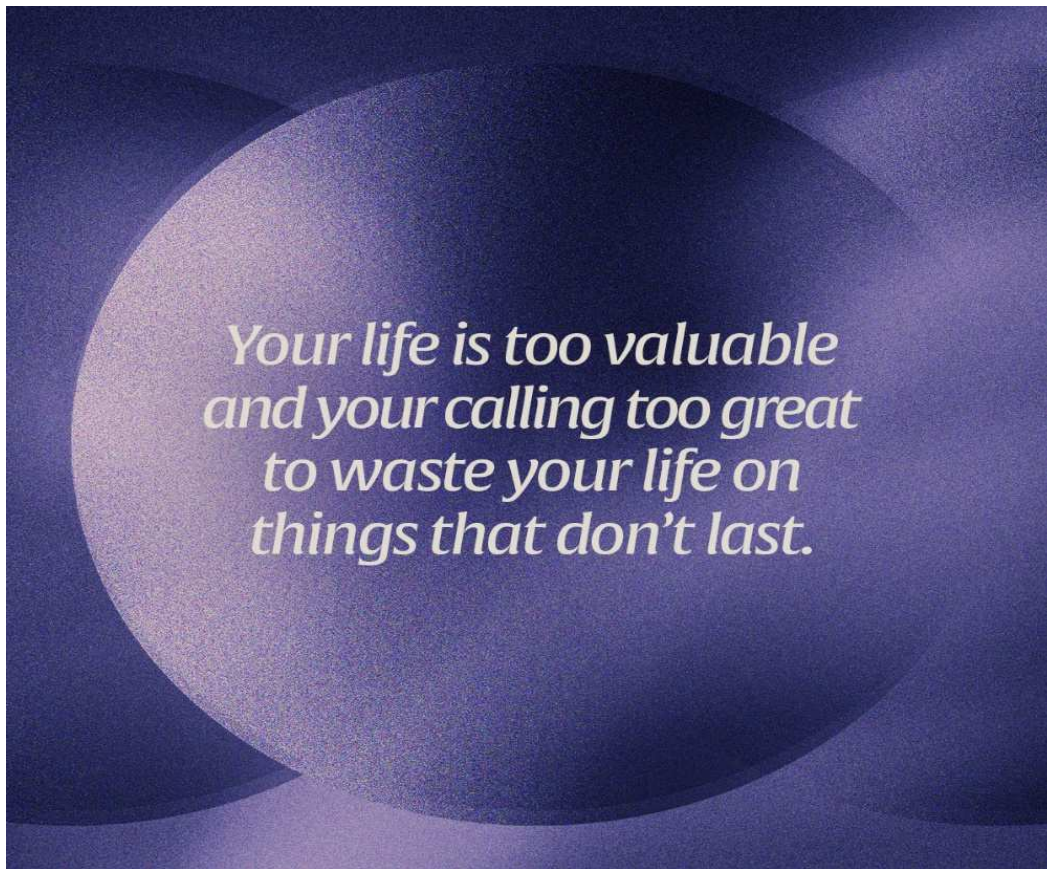


*The Forecast*  
*Hilton Baptist Church*  
101 Main Street, Newport News, VA 23601  
757-595-3300 / [www.HiltonBaptistChurch.org](http://www.HiltonBaptistChurch.org)



Many people live frustrating lives when it comes to some area of change or self-improvement. The reason is, with very good intention, we are often focusing on our external behaviors. Some examples are, perhaps, we want to get more organized or you want to get up earlier. We want to stop being on social media so frequently, or you want to stop looking at things we shouldn't. We want to eat better, or we want to save more money. Whatever it is, we want to...

The problem is we're simply focused on our external behaviors. But where are behaviors truly born? They are born in our hearts. So if you want to change your life, change your habits. But to truly change our habits we must first allow God to change our hearts.

This Sunday we are going to continue in our new series and learn to discern our priorities. We will learn that sometimes that: "Less is better." Join us for this exciting new series. "Habits Of A Healthy Heart!" and see the value of change on your life!



## ***Embracing the Blessing of Less***

In a world that constantly bombards us with messages of more—more possessions, more accomplishments, more activities—there's a profound beauty in embracing the simplicity of less. As Christians, we are called to live lives that reflect the heart of Christ, and sometimes, that means embracing the beauty and blessing found in simplicity.

Throughout the Bible, we see numerous examples of the value of less. Jesus Himself lived a life marked by simplicity. He owned very little and encouraged His followers to do the same.

In Matthew 6:19-21, Jesus advises us not to store up treasures on earth, where they can be destroyed or stolen, but to store up treasures in heaven, where they last for eternity. This principle reminds us that the accumulation of material possessions ultimately holds no eternal value.

When we prioritize less, we create space in our lives for what truly matters. Instead of being weighed down by the pursuit of more, we can focus on cultivating meaningful relationships, serving others, and deepening our relationship with God. In the simplicity of less, we discover a richness of soul that cannot be found in material wealth or worldly success.

Less also fosters gratitude and contentment. When we learn to be content with what we have, we release ourselves from the endless cycle of comparison and competition. Contentment allows us to find joy in the present moment, recognizing God's provision and trusting in His faithfulness for the future.

Moreover, less allows us to better steward the resources God has entrusted to us. Whether it's our time, talents, or finances, when we embrace a lifestyle of simplicity, we are better positioned to use these resources for God's kingdom purposes. We become more intentional in how we invest our time, more generous with our resources, and more focused on living out our faith in practical ways.

Ultimately, when less becomes better in our lives, it's a testament to our trust in God's provision and our alignment with His kingdom values. It's a recognition that true abundance is found not in the abundance of possessions, but in the richness of a life surrendered to God.

So let us embrace the blessing of less, knowing that in doing so, we discover a depth of spiritual fulfillment and joy that far surpasses anything the world could offer.

*On the grace journey together with you, Lynwood*

# The Hilton Baptist Church Record

Lynwood Wells, Pastor

April 23, 2024

Budget \$1365.00

Annie Armstrong \$75.00

Total Deposit \$1440.00

## **Forecast Update**

If you are receiving the Forecast by mail and would rather have it emailed to you, please send an email to [hiltonbaptistchurch@gmail.com](mailto:hiltonbaptistchurch@gmail.com). We will put you on the email Forecast list. The Forecast will be emailed to you every Wednesday from [hiltonbaptistchurch@gmail.com](mailto:hiltonbaptistchurch@gmail.com) in PDF form as an attachment.

Please remember we have a large print Forecast also. If you need to have the large print Forecast and you are receiving the other, please call the church office 757-595-3300 and we will make sure you receive the large print.

If you need further assistance, contact the church office.

## **Calendar**

### **Tuesday, April 23rd**

1pm-2pm Food Distribution

### **Wednesday, April 24th**

7pm Bible Study and online

### **Thursday, April 25th**

1pm-2pm Food Distribution

### **Friday, April 26th**

5:30pm-6:30pm Community Dinner

### **Sunday, April 28th**

9:00am Discipleship Class

10:00am Live Worship at HBC

10:00am Sunshine Kids

Food Bank Giveaway after

Morning worship

### **Tuesday, April 30th**

1pm-2pm Food Distribution

### **Wednesday, May 1st**

7pm Bible Study and online

### **Thursday, May 2nd**

1pm-2pm Food Distribution

### **Saturday, May 4th**

Flourish Women's Gathering

10am-2pm

### **Sunday, May 5th**

9:00am Discipleship Class

10:00am Live Worship at HBC

10:00am Sunshine Kids

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Lock up/ Hall Monitor 4/28 Roger Cooke 5/5 Lisa/Dave Falls

Counter 4/29 Margaret Uplole 5/6 Joe Wircenske

Kids Church 4/28 Grace Nicholson 5/5 Kathy Caskie

Grass Cutting– 5/4 Don Moore/ Joe Caskie 5/18 Pam / Roger Cooke



## **Missions Outreach—Pam Cooke 660-4226**

**Aluminum Cans** Recycle your cans at HBC and help Support missions! Bring them to HBC and place them in the gym or the church office. All money collected goes to missions.

**Pray for our Missionaries** Jared Mitcham (American People) SK, SM (Asian Pacific Rim People) AB, MS DS (Central Asian People) FB, CB LaRissa Silva (European People) TC, KW (Northern African and Middle Eastern People) BW (South Asian People) Tessa Baker, Jamie Schilt (Sub-Sharan African People) Thomas BoBerg (NC) Sean Moon (PA) Christian Acevedo (Puerto Rico) Paul Betts (SD) Alfonso Monlina (TX)

**Serve the City** There are many opportunities to serve. See [www.stcpeninsula.com](http://www.stcpeninsula.com) Or Pam Cooke and she will send you in the right direction. **BIG SERVE WEEK June 25– 29th** Save the Date– More information will be available on the website soon. There are many ways you can serve!

**WMU Monthly Mission Project** WMU April Mission Project– Peninsula Rescue Mission–Pillow cases, twin flat and fitted sheets (dark color) caffeinated coffee, creamer, sugar, paper towels, Windex, Lysol Disinfectant , Clorox and Clorox Cleaner, Bathroom Cleaner, Laundry Pods, travel size shaving cream and men's underwear.

**Community Dinner– Friday, April 26th** Plan now to come and be a part of the Community Dinner. The HBC/ JC Kids will be serving that night. You will want to come and be a part, and visit with our guests. Menu: Sloppy Joes, Applesauce, chips and chocolate pudding. YUMMY! Come on out for a great night!

**Senior Bingo Prizes** We are collecting Bingo Prizes for the residents of Berkely Village and Ashe Manor to support Serve the City. Anything is great. Dollar Tree gifts are suggested! Thank you for giving to help this important outreach to Senior Adults.

**Southeastern Correctional “Soles for Souls” Walk** Saturday, April 27th  
Check in 10:00am Walk 10:15 Lunch 11:30 The Event takes place at Sandy Bottom Nature Park SCM is a non– profit organization that ministers to the inmates in the correctional facilities in and around the Hampton Roads area. Your Contributions will enable SCM to purchase written Bible studies, devotionals and other materials.

**Hilton Area Red Cross Blood Drive**

May 8th 1pm-6pm at Hilton Christian Church.

## **Upcoming Events for the Kids**

Friday, April 29th- The Kids are in charge of the Community Dinner, they will be serving and having a great time . 5:30pm Parents are invited to come and eat dinner with us!

## **VBS– August 5th– 9th**

If you want to volunteer please let Dreama know. Planning is already happening. We are looking forward to a great week.

### **Happy Birthday in April**

4/22 Dorothy Cook

4/26 Lillian Clopton

### **Happy Birthday in May**

5/1 Maddie Jordan

5/2 Robert Caffacus

5/4 Joyce Green

5/6 Kizzyann Moriah

5/12 Jonathan Michie

5/14 Melodie Ntumngia

5/14 Lynwood Wells

5/15 Mary Ann Schell

5/17 Tommie Peake

5/19 Don Moore

5/20 Joe Wircenske

5/22 Winifred Ntumngia

5/27 Debra Jones

5/30 David Gibson



## **Food Pantry Help**

If you can help with the Food Pantry on Tuesday and Thursdays for Food Distribution or on Fridays to bag Veggies, please let the church office know. We are looking to add people to our team.

Thanks to EVERYONE who helps in the Food Pantry. Sue M. has done a great job with the Food Pantry and she will be out a few months from surgeries, please keep her in your prayers for complete healing.

Vision Team Meeting April 16th- In Attendance: Tim Humpreys, Tracy Venable, Roger and Pam Cooke, Robert Overman, Nadine Stephenson, Stan Langdon and Dreama Johnson

Tim opened the meeting in prayer.

Finance - Dreama Johnson

Presented the quarterly Finance Statement and noted that we are borrowing from Money Market to meet Budget. We will try to continue cutting costs wherever possible.

Discussion was made about changing Elevator Companies to save money.

The Fire Department had come out and done an inspection of the church and we gave them a drawing of where all the power boxes were and what they controlled. The recommended a Knox Box to be placed on the outside of the church that they would have the only key to in order to get in the church if there was a fire. It was agreed that we needed one but we would table this until the Vision Team in July and check our finances for that. The cost of the box is \$487.00 and Stan will install it.

4. The quilters would like to use Prior Hall on October 11<sup>th</sup> and 12<sup>th</sup>, they have a national speaker coming in. The Vision Team agreed to the use of the church.
5. The Vision Team voted to sell the van. The price will be decided on and someone has been by the church to inquire about buying it. Dreama will contact that person.
6. The right-hand oven will not light, Roger will look at it and if he can't fix it, we will call someone to come and look at it.
7. Food Distribution Recap sheet was handed out to the Vision Team for the month of March.

8. Dominion Power had a company come out and assess the things in the church that could be upgraded or fixed to save the church money. This list was handed out to the team.

9. There is a grass cutting schedule. Stan said he would work alone and let Joe Caskie team with Don Moore.

Kids

We are working on a Drama to do in church.

The kids will be serving the community Dinner on April 26<sup>th</sup>.

In the planning stages of a Sleep over for the girls and a fishing trip for the boys.

Mission Outreach- Pam Cooke

If anyone has any recommendations for missions, please let her know.

For the Community Dinners we are good until August. The Jazz Band will be playing for the May Community dinner. She is looking into partnering with local churches to do a larger outreach.

Serve the City- Big Volunteer week is June 25-29<sup>th</sup>.

It was brought to see if anyone in the church knows CPR. Dreama is going to contact our representative from the Red Cross and see if they would be able to come into the church and give a training class on CPR and the cost.

People Support- Roger Cooke- Nothing

Facilities- Roger Cooke/ Stan Langdon

A list of importance is being made of the repairs of the church.

Church clean up day- Saturday June 22<sup>nd</sup>- More information coming.

Roger would like to put a handrail on the platform to help people get up and down, he is looking into different options and get back with the team.

Member at Large- Robert Overmen- Nothing

Member at Large- Tracy Venable- Mentioned having a potluck dinner for the praise team at some point for their faithfulness to the music ministry of the church.

Member at Large- Nadine Stephenson- Nothing

Discipleship- Stan Langdon- He was asked why we did not host a revival? Pastor Lynwood said it is a different season in which we are now.

Pastor Lynwood

On the priority list of repairs to be done would be the heating and A/C and both units would be between \$18,000 and \$20,000.00. That is very challenging.

Cosmetically the floors in Prior Hall need to be done to dress up the area. The estimate cost \$7000.00 and he would take it from the PDF/ RR account.

We need to generate more people to have more income.

In September he would like to start Dinner Church on a bi-weekly basis, having different people in charge and in different roles. It was discussed to do a trial run in August.

Journey made a sign frame that you can slide their sign in and out, possibly we could change our sign to that type of frame in the future.

The next time we have a combined service with Journey, the team agreed to have the service in Journeys area.

We need to make sure that the churches know about our Food Distribution. Dreama noted that she had sent an email to all the churches of the dates.

Pastor Lynwood Closed in Prayer.





## ***The Practice Of Self-Discipline***

*“But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.”*

***1 Corinthians 9:27 ESV***

The experts say it takes twenty-one days to form a habit. After reading this, you may think, “Just 21 days of waking up early to read my Bible and then it will be easy!” Many others have thought that way too, but it doesn’t work like that.

Spiritual self-discipline isn’t a pursuit that we simply force into habit; for if that were the case, there would be little need for the Holy Spirit in our lives. Remember Galatians 5 then, self-control is a [fruit of the Spirit](#). We wouldn’t have it without the Spirit as it His gifting and work in us. This realization begs the question then: How do we become more self-disciplined in our spiritual lives?

In order to become self disciplined, we need to stop trying to take on the Spirit’s role as the source of life-changing power and rely on the strength He will faithfully work in us.



**The WMU was begun in Richmond, Virginia, in 1888.**

**Their main tasks are to:**

- **Pray for, learn about, give to, and do missions.**
- **Develop spiritually towards a mission’s lifestyle.**
- **Participate in the work of the church and the denomination.**

***“HBC Loves The Ministry Of WMU”***

## ***Looking Like Royalty***

Recently, I read a story told by an older British man. When he was a little boy after WWII, he saw a picture of some people walking around a bombed out street in a city. Bricks and timber were strewn across the cobblestone. The houses and buildings were totally destroyed.



However, there was something more to the picture. On the photo, there was a small arrow pointing to one of the men in the group. He looked just like the others, wearing the plain clothes of an average person.

But the arrow revealed a secret. That plain-clothed man was King George VI, walking among the debris. He looked so much like the other figures that he was indistinguishable from them. This story perfectly sets off the following verse of scripture:

*“But emptied himself, by taking the form of a servant, being born in the likeness of men.” Philippians 2:7*

Jesus became exactly like us. The King of all the universe threw aside his coronation clothes and took on the rags of humanity.

This is the ultimate act of humility. Jesus, our great King, doesn't shoo us away from himself or make us approach him from a distance... ..instead, Jesus is the King who steps down from his throne to walk alongside his people and make them his siblings (Rom. 8:17).

This kind of love and humility marks the heart of God. And therefore is the aim of every disciple.



## ***Adam Revealed***

Four-year-old Robert opened the big bible which had been in his family for years. Absolutely fascinated, he flicked through the old pages.

Suddenly, something fell out of the bible. Robert picked up the object and looked at it. What he saw was an old dry leaf that had been pressed in between the pages.

'Mum, look what I've found', the boy called out.' What have you got there, dear?' answered his mother.

With astonishment in the young boy's voice, he answered, 'I think I've found Adam's underwear!'



## ***“God’s House vs. Our House”***

*“Is it a time for you yourselves to be living in your paneled houses, while this house remains a ruin?” — Haggai 1:3-4*

After the Jews returned from exile in Babylon, they began to prosper. They started rebuilding the temple which had been ruined by the Babylonians. But the people of other religions who lived in the land sent letters to Babylon and complained that the Jews were preparing to revolt. For that and other reasons, the rebuilding of the temple stopped.

It seems that the Jews began with a will to rebuild the temple, but when opposition arose, they faltered and lost focus. They transferred their energy to building and beautifying their own houses. It took the searing words of Haggai to call them back to the priority of rebuilding God’s temple.

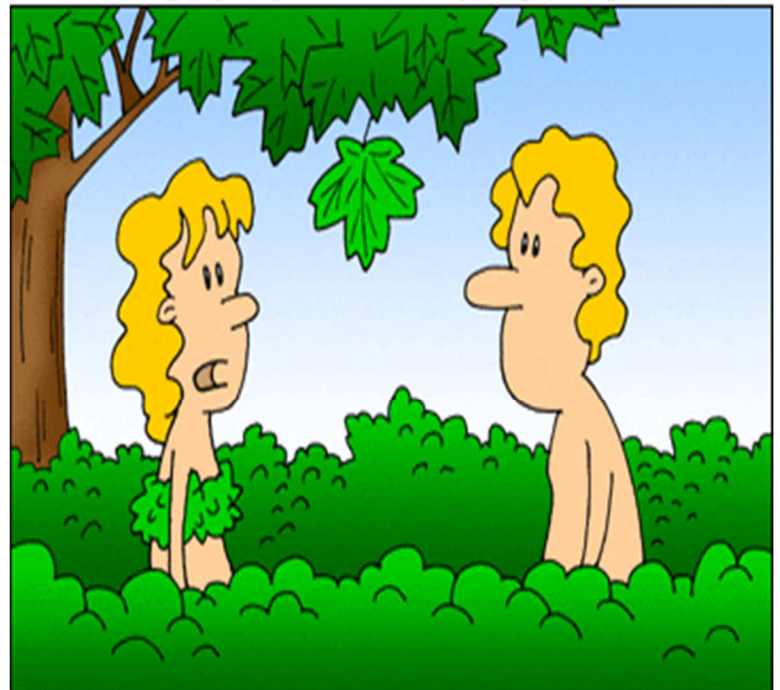
In the world today, we must not be discouraged by the struggle it takes to build Christ’s church. The forces of the devil will try to overcome it, but Jesus will prevail ([Matthew 16:18](#)). Remember what Jesus said: *“Seek first [God’s] kingdom and his righteousness, and all these things will be given to you as well”* ([Matthew 6:33](#)).

It’s not that God necessarily wants us to live in a bleak apartment without beautiful paneling. But if that’s what it takes to build God’s kingdom, we must be willing to sacrifice. Our treasures are in heaven!

***God is doing some exciting new and powerful things through the faithful people of God at HBC...***

***Please remember your commitments and giving and be part of the miracle!***

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Thanks to Alvin Hammond

12-27-2002

I REMEMBER WHEN I USED TO BE THAT SIZE