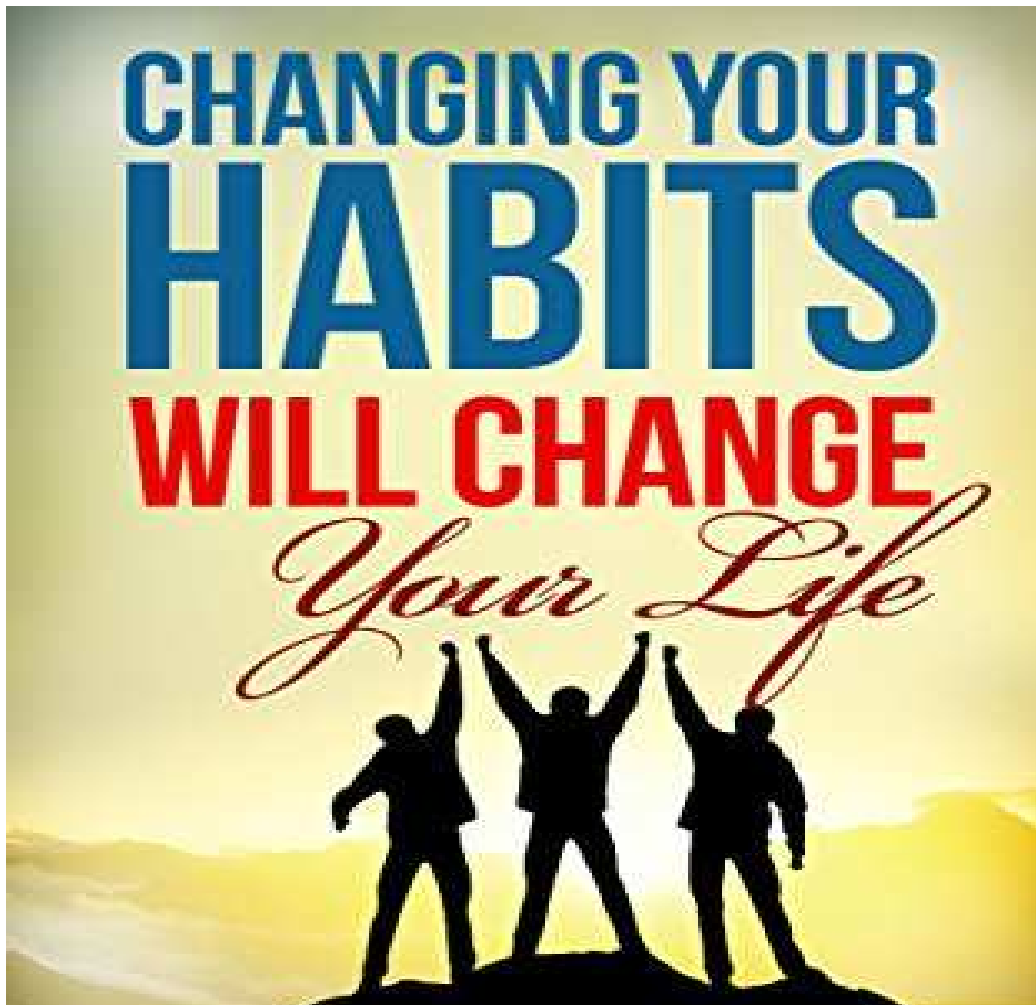


The HBC Weekly Forecast
Hilton Baptist Church. www.HiltonBaptistChurch.org
101 Main Street, Newport News, VA 23601
(757)595-3300



Habit formation is the process by which behaviors become automatic, for good or bad. Sometimes this happens without trying. But to make changes that push us out of our comfort zone or challenge us, and to walk out the vision we have for our life, we must be intentional about how we spend our days.

We need to learn how to create a chain reaction of ***“Holy Habits.”***
In our exciting current message series, ***“Power To Change”***
we are tackling some of the toughest questions that challenge
our faith and learn habits that can change us for the better...
You won't want to miss a Sunday!

***Join us live at HBC, 10:00 am for this exciting new series...
“Ever Wonder Why?” – Or tune into Facebook Live at
10:00 am and encourage others to join in with you!***



Hope Alone Won't Change Your Life... Habits Will!

I've heard it said that 'hope is not a strategy.' But when we're clear on our vision, we embody it and put hope in action, and this is, in fact, a powerful strategy for handcrafting a life that feels like home and helping build a world we want to live in.

For fun, ponder for a few minutes what "hope in action" looks and feels like in your life. To me it means taking the big picture vision and breaking it down into practical action. John C. Maxwell writes, "You'll never change your life until you change something you do daily. The secret to your success is found in your daily routine."

Habits make up the little routines and rhythms that have become so second nature, we don't even realize we're doing them much of the time. If you were to look at your daily rhythm right now, you'd probably find that your days are already filled with little habits that keep you from constantly having to pause and debate or make decisions.

Maybe you put your purse in the same spot when you come home every day so you always know where to find it. It's likely that you habitually put your seatbelt on before putting the car in drive so you will be safe and avoid getting a ticket. Or perhaps every morning you fill up a 2-liter bottle with water to ensure you stay hydrated.

Jesus had his habits as well. He made going to the temple to worship God, His father, a habit. He also made it a habit to spend alone time often on the Mount of Olive. The results were seen in his life and ministry.

Habits are essentially little systems that make your world run smoothly and efficiently and when utilized well can help you achieve your goals, keep you mentally and physically healthy, foster peace and calm in your home, and create a life that honors your values and ideals.

Habits are one way you can show up for yourself, to befriend yourself with compassion and consistency. They will help you take care of yourself well when you are in hard seasons or experience low motivation. Well-established habits hold you up when you otherwise feel like you might fall. They offer safety and comfort of routine. And they reflect your faith and dependence upon Christ.

The most successful habits are those that really align with who and how you choose to BE in the world. They support you in living a full and awakened life in every season.

On the grace journey of changing for the better, Lynwood

Hilton Baptist Church

Lynwood Wells, Pastor

February 21, 2023

Serving our Community with the Love of Jesus!

Budget \$2463.95

Annie Armstrong \$50.00 In Memory of Kathy Moore

Chaplain's Fund \$50.00

Cash in Cash out- COP Rent \$900.00

Cash in Cash out- Sonshine Kids \$30.00 In Memory of Betty Powell

Cash in Cash out- Sonshine Kids \$10.00

Cash in Cash out- Faith Recovery \$50.00

Cash in Cash out- Benevolence \$320.00

Food Pantry \$156.00

Pure Water Pure Love \$50.00 In Memory of Carl Parker

Total Deposit \$4079.95

Hilton Area Blood Drive

Hilton Presbyterian Church -34 Main Street

Thursday, March 16th 1pm-6pm

To schedule an appointment visit : RedCrossBlood.org

Sponsor code: HiltonAC

One City Marathon

Please remember the One City Marathon will be held on March 5th. Be prepared for lane closures and slower moving traffic during this time.

Lock up/ Hall Monitor 2/26 Don Moore 3/5 Stan Langdon

Counter 2/27 Kathy Caskie 3/6 Sue Monfalcone

Kids Church Helper 2/26 Nadine Stephenson 3/5 Kathy Caskie

Come and be a part of the many things that are happening at HBC

HBC "Sisters Fellowship

Thursday, February 23, 2023 6:30pm There will be food and fellowship
Every lady is invited. See Sis Nadine or Denise for more information

Sonshine Kids Events

Easter Egg Celebration and Egg Hunt April 1st 11am-2pm

Lunch, crafts, music, egg hunt, prizes and the Easter Bunny! Lots about Jesus and lots of fun. Invites are in the Connection Center if you have a kid you would like to invite. **HELPERS NEEDED!** Helpers are needed in all areas. See Dreama! Also we are accepting candy for the plastic eggs.

You can place the candy in the church office or Mission Outreach Area

HBC PROJECTS WITH A PURPOSE

Sedgefield Elementary Staff Cards

All are invited to come out on Wednesday, March 1st at **10AM** to write cards of appreciation/ encouragement to the staff of Sedgefield Elementary School. Everyone is invited! If you have any questions, contact Pam.

**We will also be collecting individually wrapped snacks through March 5th to be delivered with the cards. You can place these in the Mission Outreach area

Easter Egg Stuffing

Everyone is invited to come to the church and stuff Easter Eggs for the kids egg hunt. We will be meeting on Wednesday, March 29th at 1pm.

Come and have some fun as we get ready for the Egg Hunt.

If you have any questions, contact Dreama

Missions Outreach—Pam Cooke 660-4226

Food Pantry at HBC

HBC gives food away on Tuesdays and Thursday. See Sue Monfalcone to volunteer and for more information on how you can help. Bring your non-perishable food to restock the pantry the last Sunday of every month.

We have given out a lot of food recently so any donations would be appreciated. Next collection is February 26th

Aluminum Cans

Recycle your cans at HBC and help Support missions! Bring them to HBC and place them in the gym or the church office. All money collected goes to missions!

Serve the City

Serve the City Peninsula has many exciting ways in which you can serve. Visit their website and check it out, <https://www.stcpeninsula.com> or contact Pam and she will be able to put you in the right direction.

Pray for our Missionaries

Connie Rodgers (American People) RP, AS, JY (Asian Pacific Rim People) SH (Central Asian People) Denise Shaw, SW (European People) FT (Northern African and Middle Eastern People) RC (South Asian People) Joey Gordy (Sub-Saharan African People) Kyle Rosas (MT) James Collins ,Yaw Dekyi (NY)
Rickey Thomas (OK) Haley Wherry (TN)

WMU February Project

The February Mission is Faith Recovery (formerly Youth Challenge) Collecting—Laundry Soap, dish soap, toilet paper, cleaning supplies, Men's razors, sugar , flour and money

February Community Dinner

Friday, February 24th 5:30-6:30pm. Come and join us for a great time as we have dinner for our community. If you can help, please let Pam or the church office know.

Calendar

Tuesday, February 21st

1pm– 2pm Food Distribution
630pm Vision Team Meeting

Wednesday, February 22nd

7pm Facebook Bible Study

Thursday, February 23rd

No Food Distribution
Church Office Close

6:30pm Sister's Fellowship

Friday, February 24th

Community Dinner 5:30-6:30pm

Sunday, February 26th

10am Live Worship at HBC
Virtual Worship Online
10am Sonshine Kids

Tuesday, February 28th

1pm– 2pm Food Distribution

Wednesday, March 1, 2023

10am Cards for Sedgefield
7pm Facebook Bible Study

Thursday, March 2, 2023

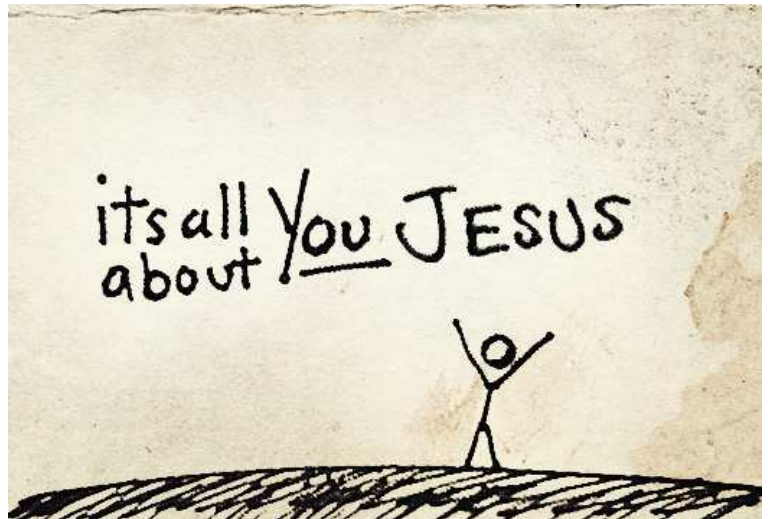
1pm-2pm Food Distribution

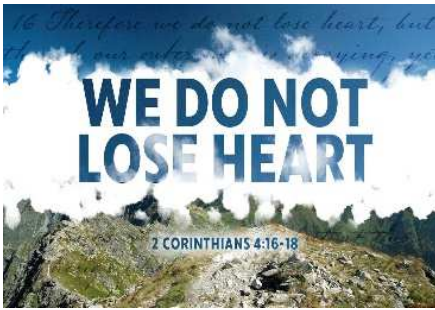
Sunday, March 5th

10am Live Worship at HBC
Virtual Worship Online
10am Sonshine Kids Church
Home Missions Emphasis Week

Happy Birthday in March

Robert Caffacus 3/2
Donald Beard 3/3
Christine Douglas 3/8
Scott Schaubach 3/10
Betty Howell 3/11
Ruth Fries 3/13
Christy Kuhlne 3/17
Judy France 3/18
Brian Fries 3/24
Kirk Crippen 3/31





We Do Not Lose Heart

“We fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.”— [2 Corinthians 4:18](#)

John 9 tells a story about Jesus healing a man who was blind since birth. Jesus mixed his own saliva with some dirt, spread the muddy mixture on the man’s eyes, and told him to go and wash in a pool—and the man received sight. For his entire life, this man had seen nothing but darkness, but Jesus gifted him with seeing eyes after proclaiming, *“I am the light of the world”* ([John 9:5](#)).

The apostle Paul advises God’s people not to lose heart when the troubles of this life dim our outlook on the future. When we are discouraged by the sin and injustice of the world, a broken relationship, a tough situation at work, a grim financial outlook, a health crisis, and more, it can feel like we are sitting in a dark room. How will this ever be resolved?

It’s all about perspective and what we focus on. We can sit around with mud on our eyes, or we can wash it off and see the light of Jesus. Paul says the problems we see are temporary, but the hope we have in Jesus—though unseen—is eternal.

The body you’re sitting in was not created to last forever; mine is not expected to last more than a few years. But as Christians, we share a bright future in Jesus Christ, the light of the world.

The Last Impression

Fresh out of business school, a young man answered a want ad for an accountant. His interview was with a very nervous man who ran a small business that he had started himself.



"I need someone with an accounting degree," the man said. "But mainly, I'm looking for someone to do my worrying for me."

"Excuse me?" the accountant said.

"I worry about a lot of things," the man said. "But I don't want to have to worry about money. Your job will be to take all the money worries off my back."

"I see," the accountant said. "And how much does the job pay?"

"I'll start you at a hundred thousand."

A hundred thousand dollars!" the accountant exclaimed. "How can such a small business afford a sum like that?"

"That," the owner said, "is your first worry."



The Value of Worship

“So continuing daily with one accord in the temple, and breaking bread from house to house, they ate their food with gladness and simplicity of heart, praising God and having favor with all the people. And the Lord added to the church daily those who were being saved.”

Acts 2:46-47

Just as something wonderful happens when God's people get together and study His Word, something extraordinary happens when God's people get together and sing His praises. Jesus said, *“For where two or three are gathered together in My name, I am there in the midst of them.”*

Now this verse is not saying that God only shows up when people worship, because God is omnipresent. But He manifests His presence in a special way when His people lift up His name in praise and worship.

The early church was a worshipping church. Acts 2:46–47 tells us, *“They ate their food with gladness and simplicity of heart, praising God and having favor with all the people.”* The phrase “gladness and simplicity of heart” literally means “with unaffected joy.”

There was joy in the early church. There was vibrancy. But there also was reverence. A few verses earlier, we read that fear came upon every soul, and wonders and signs were done through the apostles (verse 43). There should be joy and reverence. Those are elements that should be in our worship. The Spirit-filled church will be a worshipping church, and the Spirit filled Christian will be a worshipping Christian.

Someone might say, “Well, I just don't always feel like worshipping.” Do you think the first-century believers always felt like praising God? They were harassed. They were beaten. They were mocked. These Christians faced persecution on a massive scale, but they were thankful to God.

The Bible doesn't say, *“Give thanks to the Lord when you feel good.”* Rather, it says, *“Give thanks to the Lord, for He is good!”* (1 Chronicles 16:34).

That is how the Old Testament patriarch of our faith, Job was able to worship God after calamity came knocking at his door (see Job 1:20).

The New Testament writer of Hebrews says: *“Through Jesus, therefore, let us continually offer to God a **sacrifice of praise**--the fruit of lips that openly profess his name”* Hebrews 12:13.

Sometimes worship can be a sacrifice. But we should still worship. And through Christ – it can and should be continual!

What Is Pleasing To Him

I find it interesting that quite often, people attempt to enhance their relationship with God by trying not to do things they believe "break God's rules" for how to live. They see God as a tyrant, pointing His finger at them, and commanding in a deep, stern voice, "Thou Shalt Not!!" They spend their life trying to avoid lightning bolts of judgment from above!



The reality is, that kind of living is completely the opposite of how we should act, and how God desires us to live our lives. Rather than attempting to avoid doing things that displease God, we need to discipline ourselves to instead seek to find the best ways to please God! And, the more we succeed in doing what pleases Him, the less inclined we will be to do what displeases Him.

What a wonderful prayer we find in Hebrews 13:20-21, asking God to *"equip you with everything good for doing his will,"* and to *"work in us what is pleasing to Him!"* I am so glad that the Lord does give us everything we *"need according to his riches in glory by Christ Jesus."* (Philippians 4:19) With that in mind, it only makes sense that we discover and put into practice the very things that please God!



Tests are Temporary

by Max Lucado

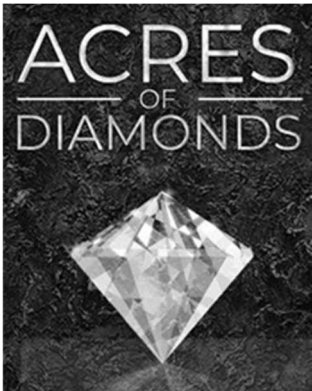
All tests are temporary, limited in duration. 1 Peter 1:6 says, *"In this you greatly rejoice, though now for a little while you may have to suffer grief in all kinds of trials."* Some tests end on earth, but all tests will end in heaven, right?

In the meantime, let God train you. He watches the way you handle the little jobs. Jesus promised in Matthew 25:21, *"If you are faithful over a few matters, I will set you over many."*

Do you aspire to great things? Excel in the small things. Don't complain. Let others grumble. Not you. When you're given a task, take it. When you see a hurt, address it. Compassion matters to God.

This is the time for service, not self-centeredness. Cancel the pity party. Love the people God brings to you. He will work in you what is pleasing to Himself.

And you will get through this testing time!



Acres Of Diamonds...

“Open my eyes that I may see ... Psalm 119:18

It is possible that wondrous things are all around you, but you can't see them. Jesus once said, speaking to the religious people, that they had eyes, but they could not see; that they had ears, but could not hear. We have to *open* our eyes to truly see.

What you see as worthless, someone else may find priceless. There is a reason we have the saying, *the grass isn't always greener on the other side*. Because for ages people have been chasing vapor, they've climbed the fence only to land in mud. The story of the prodigal son is a familiar one, not just because we've heard it over and over, but we know *that* person—we've been *that* person. Everyday people give up their families, their careers, and their freedom for something they believe will be better than their reality. But God wants us to see the unfathomable riches He's placed in the relationships, community, and resources He's already placed in our lives.

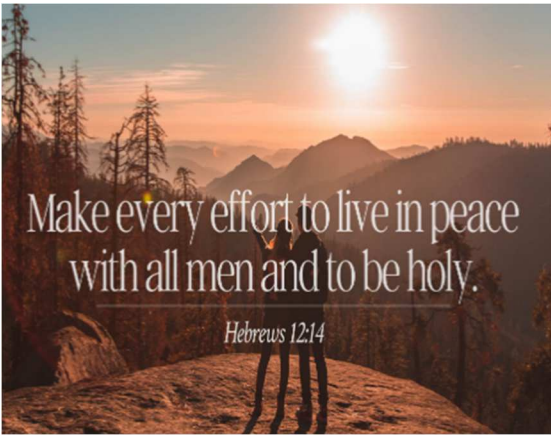
“I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people.” Ephesians 1:18

If you know Jesus, you have a savior who will not leave you nor forsake you, and you are presently living in acres of diamonds, whether you realize it or not!

Every day people walk out on marriages and children as the enemy dangles false promises of happiness and fulfillment in front of them. People walk out on God over the allure of fortune, fame, and fun in the world, only to come back and find out, everything they were looking for was right back right back where they started from ... in acres of diamonds.

Temptation will come. And if we're not pursuing God, as we should be, we'll give up when it gets tough. We'll grow weary when there's no reward. We'll get jealous and envious when someone else reaches the top. But stay strong and confident in the place God has planted you. Don't sell out so cheaply. Don't believe the lies. Don't give up something that someone else would give anything to have. You see, in the process of making a diamond, it takes time. A diamond is born because of intense heat and pressure. It's the intense heat and pressure on carbon monoxide that takes coal, and causes a diamond to be born.

He will not put more on you than you're able to bear—God knows just how much it will take to make a diamond out of you! Don't run to greener pastures; ask God show you the boundless riches in Christ available to you—right where you are!



Rebuilding Relationships

Is there a relationship you need to rebuild?

Too often people are filled with regret and guilt because they failed to reach out to someone with whom they were at odds — and then death intervenes and it's too late. Don't let this happen to you.

If a broken relationship comes to mind, know that the place to begin is within yourself. Are you convinced that rebuilding this relationship is something God wants you to do?

Then let the person know that you care, and that you want your relationship to be different. Don't use words alone; back up your words with action. A small gift or an invitation to dinner can show that you mean what you say.

Most of all, seek God's forgiveness for anything you did to harm the relationship, and trust Him to help you both set aside the past. Don't argue about the past or who was at fault; that only reopens old wounds. Instead, focus on your hopes for the future. Change may take time, but with God's help it can happen.

"If it is possible, as far as it depends on you, live at peace with everyone." — [Romans 12:18](#)

God's will is for us to live at peace with everyone — but sometimes the door to a broken relationship seems closed forever. The marriage has died or the children are rejecting you... Your father abandoned your family or your disapproving mother has cut off all contact... A business partner has turned away in anger or a former friend wants nothing to do with you.

If someone rejects us and absolutely refuses to have anything to do with us, we can't force them to change. But we can — and should — do everything we can to keep the door open to a possible reconciliation.

We shouldn't strike back or condemn; instead, we should let them know we still care, and that we hope someday his or her attitude will change. And if we were at fault — even in small ways — we need to admit it and ask for forgiveness.

We also should pray. We can't change the person we're estranged from, but God can. Even when the door seems firmly closed, God is able to open it. Do all you can to restore that broken relationship — and trust God for the outcome.

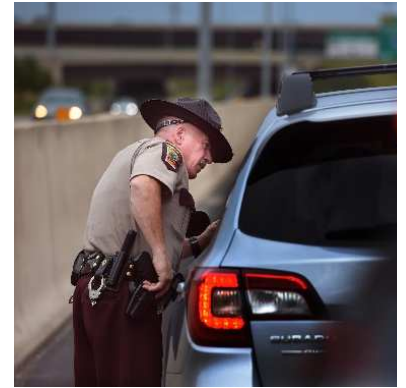
The Last Laugh...

A trooper pulls over a pastor and immediately smells alcohol on his breath. The next thing he notices is an empty wine bottle lying on the passenger seat.

“Have you been drinking?” the officer asks.

“Just water,” says the pastor. “Then why do I smell wine?” asked the officer.

The pastor looks at the bottle and shouts, “Good Lord! He’s done it again!”



Who Are You When No One Is Looking?

David was a teenage shepherd boy when God appointed him the next king of Israel. Compared to his older brothers, David certainly didn't have the typical “look” of king.

But the amazing thing about our God is that He was watching and saw David's integrity and character when no one else was looking.

God saw David's heart:

Courage: David was incredibly brave and courageous as a young shepherd boy who defended his sheep from both lion and bear. God knew he would need both to be king.

Responsible: David was willing to sacrifice his life for the sheep entrusted to him. This loyalty and responsibility would also make David a great king.

God saw David's potential in how he lived his life when no one was looking. It was his inner character and heart that God valued most. What about you? What does God see when He looks at your heart? How do you live when no one's looking?

The truth is, no matter how hard we try, no one's heart and life are perfect. We all sin and mess up, but the good news is that God promises a new heart to those who put their trust in Him. Give your heart to God and He will transform both your heart and life to become the person He calls you to be.



“God’s House vs. Our House”

“Is it a time for you yourselves to be living in your paneled houses, while this house remains a ruin?” – [Haggai 1:3-4](#)

After the Jews returned from exile in Babylon, they began to prosper. They started rebuilding the temple which had been ruined by the Babylonians. But the people of other religions who lived in the land sent letters to Babylon and complained that the Jews were preparing to revolt. For that and other reasons, the rebuilding of the temple stopped.

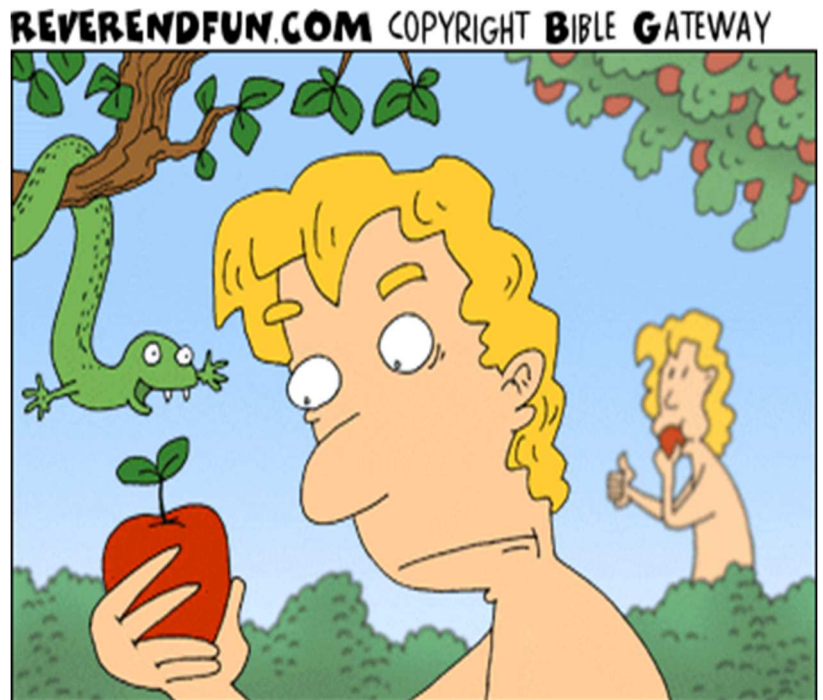
It seems that the Jews began with a will to rebuild the temple, but when opposition arose, they faltered and lost focus. They transferred their energy to building and beautifying their own houses. It took the searing words of Haggai to call them back to the priority of rebuilding God’s temple.

In the world today, we must not be discouraged by the struggle it takes to build Christ’s church. The forces of the devil will try to overcome it, but Jesus will prevail ([Matthew 16:18](#)). Remember what Jesus said: *“Seek first [God’s] kingdom and his righteousness, and all these things will be given to you as well”* ([Matthew 6:33](#)).

It’s not that God necessarily wants us to live in a bleak apartment without beautiful paneling. But if that’s what it takes to build God’s kingdom, we must be willing to sacrifice. Our treasures are in heaven!

God is doing some exciting new and powerful things through the faithful people of God at HBC!

Please remember your tithing commitments and giving and be part of the ongoing miracle!



Thanks to Jeremy (See Genesis 3) 10-13-2008
EVERY SINGLE PERSON IN THE WORLD HAS TRIED IT BUT YOU!