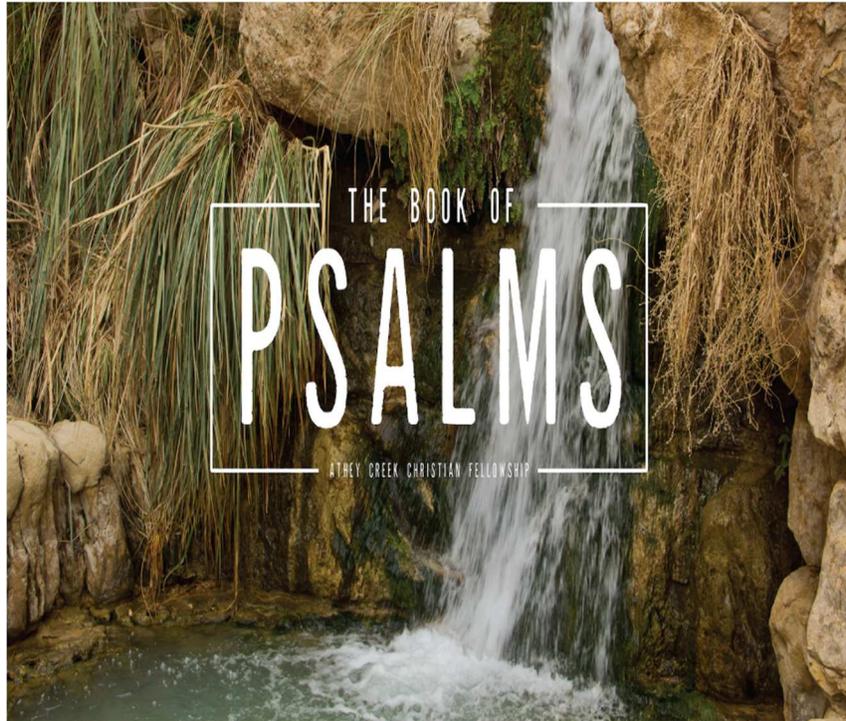


**The Forecast**  
**Hilton Baptist Church. [www.HiltonBaptistChurch.org](http://www.HiltonBaptistChurch.org)**  
**101 Main Street, Newport News, VA 23601**



The heart of HBC “The Forecast” is often reflected by a focus on the upcoming Sunday message. This week, however, we want to point you to another vibrant ministry your church offers.

On a daily basis, at 9:00 AM, Mon. Thru Fri, Pastor Lynwood leads a live Facebook Bible Study called “Messages From Mill Point...” Our current focus is on the wonderful and enriching Book of Psalms.

In this casual, friendly study you will discover the “realness” of God in every life situation imaginable. From the heights of joyful praise and adoration of our Holy God to the depths of our sin and human weaknesses, in contrast to his strength and righteousness.

If you have a computer with internet, then you can join us on Lynwood’s personal page or the Hilton Baptist Church’s Facebook page. We have a wonderful group of people who join us daily – But there is always room for one more, and that would be you!

***Join Us This Sunday 10:00 am, as we continue our exciting message series, “PEACE OF MIND” – “Silence Your Negative Thoughts.”  
– Invite a friend to join you!***



## *Wisdom From The Psalms...*

There may be no more familiar book in all of literature than the Book of Psalms. Out of all of the sixty-six books of the Bible, it's doubtful that there is any book that has been read and spoken more than this collection of 150 prayers, songs, and poems. Their words have inspired men and women to lead with courage, they have given comfort to the grieving, and they have provided a language to communicate both inexpressible joys and excruciating sorrows. More than sentimental poems, they shed light on historical events, they reveal the complex relationship between the Creator and his creation, and they provide a framework for viewing the world.

I want to suggest that at times when you read the psalms you consciously put on and take off different lenses. Sometimes, you will put on the lens of the author and attempt to arrive at the author's intended meaning. Many of the psalms begin with a superscription that suggests a context -- a time, place or event that provided the impetus for composing the psalm (e.g. Psalm 51). It might have been a battlefield, a cave, a desert, or a temple, but all of the psalms have a backstory that can illuminate the text.

At other times you will want to read through a psalm, put on the wide-angle lens of theology. Look for what the psalm tells you about God -- his character, his nature, his relationship with his creation. When Moses declares in Psalm 90:2, *"from everlasting to everlasting You are God"*, he is making a profound theological statement about the eternal nature of God. When David says, *"You knit me together in my mother's womb"* (139:13) he's saying something about God's immanence and personal care.

One of the most fascinating set of lenses to wear when reading the psalms are the "Jesus glasses". We can be quite confident that Jesus grew up hearing, reading, praying, and singing the Psalms. Raised in a Torah observant Jewish home, attending weekly synagogue services, at the age of twelve he was bright enough to baffle the learned teachers at the temple. It is likely the he was fluent in Hebrew, Aramaic, and Greek, so there is no doubt that Jesus was intimately familiar with the Psalms.

So as we meditate on the psalms, we need to take the time to change glasses each time we read them. Perhaps first, read the psalm with the author's situation in mind. Then read the psalm as a theologian, gleaning the big truths about God. Next, read the psalms like a worship leader who is putting together a collection of prayers to assist his community in worship. Then envision Jesus praying the psalms and seeing himself in them. Read them as the early church did, ancient words now completed in Christ. Read them as your own prayers, conversations with the eternal God of the universe.

*On the grace journey together with you, Lynwood*

# The Hilton Baptist Church Record

Lynwood Wells, Pastor

September 27, 2022

*Serving our Community with the Love of Jesus!*

Budget \$4896.30

Alma Hunt State offering \$500.00

Cash in Cash Out—Coffee Fund \$2.00

Food Closet \$250.00

Food Closet \$20.00 In honor of Roger Cooke's 60th Birthday

Pure Water Pure Love \$41.00

Total \$5709.30



Deposit

Bazaar Food \$500.00

Deposit

Bazaar— Bake Sale \$713.00

Deposit

Bazaar— Quilt \$447.00

**The Alma Hunt Offering  
for Virginia**

Our Goal \$1000.00

Collected to Date: \$1150.00

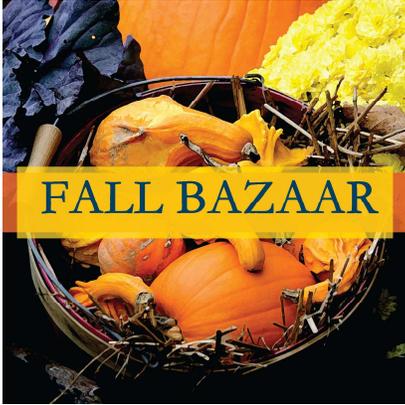
Correction to last weeks Contribution\*\*\* There was a \$25.00 donation made to the Food Pantry in honor of Roger Cooke's 60th Birthday. This notation was not noted in the forecast.



**Children's Christmas Workshop**

**Saturday, December 10th 10am— 2pm**

Helpers will be needed. Please mark your calendar and let Dreama know if you can help!



### Annual Fall Bazaar

A special thanks to ALL who helped with the Craft/ Vendor Sale this past Saturday. It was a great success. Below are the totals of the different areas. A special thanks to Tim Humphreys for heading it up.

Vendors \$1085.00 Food \$537.00

Bake Sale \$713.00 Quilt \$622.00

Total for Bazaar \$2967.00

A note received from a vendor: Thank you and your staff for all of your hard work for the craft show. I had a great day and am thankful to be back after COVID .

Essie Gray

**Lock up/ Hall Monitor** 10/2 Pam Cooke 10/9 Joe Caskie

**Counter** 10/ 3 Joe Wircenski 10/10 Margaret Upole

**Kids Church Helper** 10/2 Kathy Caskie 10/9 Youth



### **Truck or Treat– October 31st**

In the back parking lot. We will have the sign up sheet out near the end of September. Plan on coming out and participating. We will have at least 400 kids come through our parking lot. Dress up and dress your card. It's a great night of outreach. Event 5:30pm-7:30pm We are accepting candy now!



*We express our sincere sympathy to Lloyd Ware on the recent passing of his wife, Bea Ware. Please remember to keep this family in your prayers.*

**Community Dinner**  
**Friday, September 30th**

**5:30-6:30pm**

We can use your help!

See Pam Cooke

Help us as we reach out to our  
community with the love of Jesus.



**Calendar**

**Tuesday, September 27th**

1pm-2pm Food Distribution

**Wednesday, September 28th**

7pm Facebook Bible Study

**Thursday, September 29th**

There will be no Food Distribution  
Sue will be out of town.

**Friday, September 30th**

5:30pm-6:30pm Community Dinner

**Sunday, October 2nd**

10am Live Worship at HBC

Virtual Worship Online

10am Sunshine Kids

**Tuesday, October 4th**

1pm-2pm Food Distribution

**Wednesday, October 5th**

7pm Facebook Bible Study

**Thursday, October 6th**

1pm-2pm Food Distribution

**Sunday, October 9th**

10am Live Worship at HBC

Virtual Worship Online

10am Sunshine Kids



**Happy Birthday in September**

9/27 Chuck Greene

9/27 Jason Moriah

9/29 Betty Jean Allen

9/29 Kathy Devol

**Happy Birthday in October**

10/2 Robbie Ayscue

10/5 Dave Peake

10/6 Charles Shofner

10/11 Delores Morgan

10/14 Brinley Moriah

10/17 Marilyn Hargrove

10/25 David Jackson

10/26 Tim Humphreys

10/30 Don Krause

## Psalm 91

He who dwells in the secret place of the Most High  
Shall abide under the shadow of the Almighty.  
I will say of the LORD, "*He is my refuge and my fortress;*  
*My God, in Him I will trust.*"

Surely He shall deliver you from the snare of the fowler  
*And from the perilous pestilence.*

He shall cover you with His feathers,  
And under His wings you shall take refuge;  
His truth *shall be your shield and buckler.*

You shall not be afraid of the terror by night,  
*Nor of the arrow that flies by day,*  
*Nor of the pestilence that walks in darkness,*  
*Nor of the destruction that lays waste at noonday...*

A thousand may fall at your side,  
And ten thousand at your right hand;  
*But it shall not come near you.*

Only with your eyes shall you look,  
And see the reward of the wicked.

Because you have made the LORD, *who is my refuge,*  
*Even the Most High, your dwelling place,*

No evil shall befall you,  
Nor shall any plague come near your dwelling;

For He shall give His angels charge over you,  
To keep you in all your ways.

In *their* hands they shall bear you up,  
Lest you dash your foot against a stone.

You shall tread upon the lion and the cobra,  
The young lion and the serpent you shall trample underfoot.

"Because he has set his love upon Me,  
therefore I will deliver him;  
I will set him on high, because he has known My name.

He shall call upon Me, and I will answer him;  
*I will be with him in trouble;*

*I will deliver him and honor him.*

With long life I will satisfy him,  
*And show him My salvation."*

## ***Casting Out Fear***

God placed Adam and Eve in a perfect world. In a garden overflowing with abundance, He met *every* need! But Satan deceived Adam and Eve into believing that God was *withholding* blessings. And when they believed his lies, *fear entered the world* (Genesis 3:10).



After their disobedience, Adam and Eve became conscious of their sin. They no longer could enjoy God's abundance or even His presence. They no longer looked at Him as their Friend, but as someone to be feared.

This is the impact of fear on our lives: It paralyzes us. It shapes our attitudes and expectations and blocks the flow of God's blessings. Like Adam and Eve, we can become afraid of facing God and afraid to believe His Word.

This fear is expressed in many ways. We can be afraid of failure, afraid of what others might say about us, or afraid about our jobs or world conditions. But everything changes when our relationship with the Father is restored; when our sins are forgiven and we live in fellowship with Him; when we obey and trust Him; when we seek His face and are led by His Spirit; when we believe that His Word really is true and that He delights to bless us; when we realize that He loves with a perfect love; when we remember all that He has prepared for us; when we're confident that He will meet our every need and give us an abundant life.

Today, remember that there is "*no fear in love*" and that God loves *you* perfectly. Enter into that love relationship with your Father. Let His love cast out every fear!



### ***The Last Laugh!***

Tammy rushed in to see her doctor, looking very much worried and all strung out.

She rattles off, "Doctor, take a look at me. When I woke up this morning, I looked at myself in the mirror and saw my hair all wiry and frazzled up, my skin was all wrinkled and pasty, my eyes were bloodshot and bugging out, and I had this corpse-like look on my face! What's wrong with me, Doctor?"

The doctor looks her over for a couple of moments, then calmly says, "Well, I can tell you that there ain't nothing wrong with your eyesight!"



# Welcome to Online Giving

*“The Benefits To You & HBC!”*

Online donations to HBC may be made at any time from the comfort of your own home or any place with internet access. Online donations are credited to your tax statement for the end of the year (except when made anonymously), and each user can change his or her preferences or desired donation amounts at any time. You can make a one-time gift or recurring donation.

- No need to hassle with checks or cash
- Totally secure encrypted 24/7 web-based access
- Easily schedule recurring donations to fit your pay periods
- Debit / Credit card option allows you to take advantage of rewards such as air miles or cash bonuses. Visa, Mastercard, Discover and American Express are accepted
- No need to share bank account information as you enter it directly into the Online Giving 100 % secure site
- Allows you to give even if you are unable to attend services
- Contribution amount is easily adjusted as desired or needed

Option to remain anonymous

Try it today at [www.HiltonBaptist Church.com](http://www.HiltonBaptist Church.com)!

***God is doing some exciting  
new and powerful things  
through the faithful people of  
God at HBC!***

***Please remember your tithing  
commitments and giving and  
be part of the ongoing miracle!***

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04-08-2003

I STILL HAVE MY SIGN FROM THE LAST  
TIME THERE WAS A WAR AND/OR  
OUT-OF-THE-ORDINARY OCCURRENCE

# WE HAVE MET THE ENEMY AND HE IS US.

## *When the Enemy is Us*

Our refusal to bend and break and be humbled causes us to be God's enemy. Yet we can also have another enemy throughout this process of brokenness—ourselves. We are often our greatest enemy in seeing the work of the cross reign in our lives.

Watchman Nee said this:

*“Anyone who serves God will discover sooner or later that the great hindrance he has in the Lord’s work is not others, but himself.*

*He will discover that his outward man (soul) is not in harmony with his inward man (spirit). Both tend to go toward two opposite directions from each other. He will also sense the inability of his outward man to submit to the inner control. . .*

*.Thus he is rendered incapable of obeying God’s highest commands.”*

You see, Scripture speaks of an inner battle that takes place in all of us. It even goes as far as to call it a war, one that rages between our *inner man and our outward man*. Consider what Paul wrote in Romans 7:22—*“For in my inner being I delight in God’s law; but I see another law at work in the members of my body, waging war . . .”* (NIV, *emphasis added*).

There is a clear distinction between our inner man and our outward man.

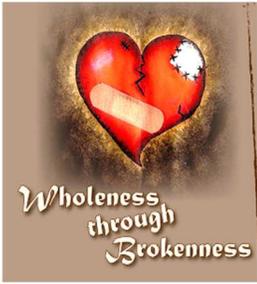
There is a battle, which can have only one winner. If our outward man can be broken and crushed, the inward man can shine through and the beauty of Christ within seen.

Much like the expensive alabaster box of perfume the woman brought to anoint Jesus, it had to be broken and spilled out to be of any use. So, please understand. *“The inward man cannot come forth, because he is resisted and blocked by an exhausted outward man. That is why we have repeatedly suggested that this outward man must be broken.”*

Founder of Christian and Missionary Alliance, A.B. Simpson, once wrote a hymn entitled, *“Not I, but Christ,”* in which he captures perfectly the need in each of our lives:

*Oh to be saved from myself, dear Lord  
Oh to be lost in Thee;  
Oh that it may be no more I,  
But Christ that lives in me.*

Oh to be saved, not from adultery and thievery and lying and cheating and all the gross, visible sins that are happening out there, but from myself. Oh to be lost in Thee, that it may be no more I, but Christ. That is the brokenness I desire for myself and for all of us.



## ***The Wholeness Of Brokenness***

In God's dictionary, "brokenness" is often found to be a crucial characteristic for a true "God-seeker." In Psalm 51, David's psalm of repentance after he was confronted by the prophet Nathan for his adulterous liaison with Bathsheba and his successfully murderous plan against her husband Uriah, David said in verses 16 and 17: *"For You do not delight in sacrifice, otherwise I would give it; you are not pleased with burnt offering. The sacrifices of God are broken spirit, a broken and a contrite heart, O God, You will not despise".* In Psalm 34, his psalm that expresses the joy of God's forgiveness, David said in verse 18: *"The Lord is near to the brokenhearted and saves those who are crushed in spirit"*.

Additionally, in Isaiah 57:15, the prophet said: *"For thus says the high and exalted One who lives forever, whose name is Holy. 'I dwell on a high and holy place, and also with the contrite and lowly of spirit in order to revive the spirit of the lowly and to revive the heart of the contrite'".* And finally, in the Sermon on the Mount in Matthew chapter 5, Jesus said this in verse 3: *"Blessed are the poor in spirit, for theirs is the kingdom of heaven"*. Who are the "poor in spirit"? Those who are spiritually broken.

You see, brokenness, spiritual brokenness, is very important to God. But just what is spiritual brokenness? First let me tell you what it is not. It's not walking around with a gloomy frown on your face wailing "woe is me". It is not looking bitter like you just got through sucking on a sour lemon. It is not living aimlessly without purpose or a plan. To put it simply, brokenness is understanding the fact that without God you are spiritually bankrupt. It is dying to self (more on this in a later blog) and giving Him the reigns of your life. In my previous blog, I talked about surrender. Surrender and brokenness go hand-in-hand – spiritual brokenness is surrendering your will to Him.

Spiritual brokenness is knowing that, without God, you are, and can do, nothing. It is a total, desperate dependence on Him in every aspect of life. It is a cry from the depths of your soul that shouts: "God I need You; God I want You; God, You are everything to me"!

Now I know that brokenness is not a popular topic in most Christian circles and is not talked about in many churches because it sounds so negative. However, brokenness is anything but negative!! It is the way to the heart of God. their Master.

My friend, are you on the journey of brokenness? Do you understand that God is everything, and I mean absolutely everything, in your life? Have you surrendered your will to Him so that His will for you is all you desire? Brokenness is the only way to wholeness. Be broken in his hands and experience the wholeness that only He can give!

## ***How to Get Over Your Past***

All of us have chapters we wish we could rewrite. To get over your past you must first start looking at it differently.

Reframe it. Ask, "How did it make me stronger? What do I know now that I didn't know then?" Don't focus on what you lost, but on what you gained.



Second, understand the difference between guilt and shame. Guilt is feeling bad about what you've done – it's healthy; shame is feeling bad about whom you are – it's toxic and debilitating.

All of us have things we'd like to change about ourselves, but when God created us He said, "...it was very good..." (Gen 1:31), so start seeing yourself as He sees you.

Third, stop punishing yourself with the "if only's." After stumbling badly and having God pick him up, David wrote, "Happy is the person whose sins are forgiven... whom the Lord does not consider guilty..." (Ps 32:1-2) Forgive yourself; God has. Because He sees you through the Cross, you are "accepted" (Eph 1:6).

Finally, move from pain to gain. Healing takes time, so expect some anger, fear and sadness. Don't disown them; they're part of the process.

But don't adopt them either; know when it's time to move on. You can't walk backwards into the future, and the future God has in mind contains more happiness than any past you can remember.



### ***The Last Impression***

Three elderly gents were talking about what their grandchildren would be saying about them fifty years from now.

"I would like my grandchildren to say, 'He was successful in business,'" declared the first man.

"Fifty years from now," said the second, "I want them to say, 'He was a loyal family man.'"

Turning to the third gent, he asked, "So what do you want them to say about you in fifty years?"

"Me?" the third one replied. "I want them to say, 'He certainly looks good for his age.'"

*A Few Pictures From  
Pastor Lynwood's  
Recent Trip To Israel...*

